

H.E Adult COED Volleyball League Rules

Playing Regulations:

- Each team is guaranteed at least 3:00 minutes to warm-up before every game, immediately following the conclusion of the last game
- Each team must have 6 eligible players that are listed on the team roster, and present on the court, prior to the start of the game
- 3 sets constitute a single match, best of 3 sets will determine the winner of the match
- Each team is guaranteed 2:00 of rest between sets
- Sets are played to 25, and each set must be won by 2 points
- Rallies start and end upon officials whistle

Penalty Cards:

- A player receiving 1 yellow card will result in player disqualification for the proceeding rally
- A player receiving 2 yellow cards, or 1 red card, will result in player disqualification for the remainder of the game; and potentially the next game depending on the severity of the incident
- Any player receiving 4 yellow cards, or 2 red cards, of any kind throughout the season will be ineligible to participate in the remainder of the season, including playoffs

Time Out Procedure:

- Only players on the court are permitted to call timeouts
- Each team will receive 2 timeouts per match, that can be used at any point during any set of the match

Game Lost by Forfeit:

A team shall lose the game by forfeit if:

- The team is not present or is unable to field 5 eligible players, 10 minutes after the game is scheduled to begin (Ex: Game was originally scheduled for 7:00 p.m. team has until 7:10 p.m. to have 5 eligible players on the floor prior to first serve)
- Team refuses to play after being instructed to do so by the referees
- The game is awarded to the opponents and the score of the match shall be entered as [Opponent: 3] to [Team Forfeited: 0]

Playoffs:

- Minimum of top 4 teams advance to playoffs
- The number of teams beyond 4 will be determined after registration closes based on the number of teams in the division

* The VHSL Basketball Federation Rules will apply to any situation that is not specified above